



SoCo Counseling Contact Info

2312 Western Trails Blvd, D404, Austin, TX, 78745

(512) 621-5337

www.sococounseling.com

SoCo Counseling, was established in 2013 as it's founder and Director, Mary B. Mattis, took steps to fulfill two community needs: The need for high quality mental health services that are affordable, and the need for graduates of our exceptional local schools of social work to gain the intensive and personalized supervision experience needed for them to reach their goals — to become exceptional Clinical Social Workers. The mission of SoCo Counseling is to offer therapy services that are accessible, on both a personal and financial level. We focus on supporting clients by collaborating and connecting with each individual, in order to promote growth, balance and greater wellbeing for all who access our services.



Each therapist at SoCo Counseling has completed, at minimum, a Masters level degree in the field of Social Work, with a focus on Clinical Services (counseling). This education included at least 1,200 hours of supervised work in the field of Social Work, prior to graduation. Our therapists show dedication and commitment to every individual, couple, and family they serve, and demonstrate genuine concern for the betterment of the Austin community at large. SoCo Counselors as a team have logged 1000s of hours of volunteer service to their community, both prior to and during their association with SoCo.

How We Can Help You

Compassionate, accessible counseling for: depression, anxiety, family or relationships issues, improved communication, trauma, addiction concerns, self-acceptance, learning assertiveness, goal setting & achievement, life-adjustment, sexual problems, gender identity, career focus, and many other issues of concern.



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Professional Services

With multiple licensed mental health professionals to choose from, we offer a variety of specialty services including individual, couples and family counseling, chemical dependency assessment, mindfulness practice, peer consultation, and supervision for Clinical Social Work Licensure. Call 512-621-5337 to schedule an appointment. Free face-to-face 20 minute consultation with the counselor of your choice available on request.



Where You'll Find Us

Conveniently located one-half block south of Ben White Blvd. just east of MoPac. Easy access from I-35. You'll find us just behind Central Market's South location, at 2312 Western Trails Blvd., Building D, Suite 404 ([see map below](#)). Our walk-in office front offers plenty of parking, easy access and privacy.

Meet the SoCo Counseling Team



Mary B. Mattis

LCSW | LCDC

Licensed Clinical Social Worker, Licensed Chemical Dependency Counselor, Board-approved Supervisor



Kathryn von Kann

LMSW

Licensed Master Social Worker



True M. Hardt

LMSW | CBIS

Licensed Master Social Worker
Certified Brain Injury Specialist
Hakomi Method graduate



Roman Venegas

LMSW | LCDC

Licensed Master Social Worker | Licensed Chemical Dependency Counselor

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